

## Post Graduate Portfolio- Get Involved!



Meet Nicola Bannister, aged 24 and studying at the centre for doctoral training in condensed matter physics, who trains and coaches with the University of Bath Trampoline Club.

**Why did you choose trampolining and how long have you been doing it?**

*I chose it because it's my sport; I have been involved in it for 11 years!*

**What do you think barriers are for postgraduates and how have you overcome these?**

*Sport is often on a Wednesday afternoon but we are working all day, trampolining is in the evenings, which works really well! Also, trampolining is often available during the holidays, which is great for postgrad students!*

**What is great about being part of a sports club generally?**

*Keeping fit and challenging yourself*

**Do you have any other roles e.g. committee and coach or do you think you will get involved?**

*I am a coach, which is a great way of mentoring the undergraduate students through the years in the club; it's really enjoyable!*

**Would you encourage other postgraduate students to get involved?**

*Yes, because it's a lot of fun!*



Interested? Email our Chair, Gemma Waters at [gw428@bath.ac.uk](mailto:gw428@bath.ac.uk) to find out how you can be involved!