

# **International Student Portfolio- Get Involved!**



Meet Panna Farkas (right), aged 19 from Hungary and studying Psychology, who trains with the University of Bath Trampoline Club.

#### Why did you choose Trampolining and how long have you been doing it?

To be honest I didn't know that trampolining existed before I came to Bath. I saw the video about the club and went to tasters at the beginning of the year. I've been involved since Fresher's Week.

### What do you think the barriers are for international students and how have you overcome these?

My biggest barrier was language. As English is not my first language, at the beginning I struggled to understand what I had to do. My coaches were really patient and repeated everything, or tried to express themselves in another way. After a while you just pick up the vocabulary and everything gets easier

## What is great about being part of a sports club generally?

Apart from the health benefits, I have a lot of fun. Most of my friends are from this club, we have amazing socials, and I think the community is really strong as well.

Do you have any other roles e.g. committee and coach or do you think you will get involved? I am not a committee member, but I'm thinking about becoming one for next year.

## Would you encourage other international students to get involved?

I definitely recommend joining the trampolining club! Everyone is really friendly, and we have the best, and most enthusiastic coaches, so even if you've never been on a trampoline before, they can help you.



Interested? Email our Chair, Gemma Waters at gw428@bath.ac.uk to find out how you can be involved!