**NOP- Gymnastics Club**

The following NOP is based on strict guidance from the Government and British Gymnastics. Ensuring that all activities are planned and delivered in the safest possible way during the COVID-19 pandemic. This overview should be read and followed in conjunction with the generic DSDR Covid-19 guidance, generic SU Covid-19 guidance and the updated activity specific risk assessment.

**Test & Trace – Legal Requirement for running an event or activity**

To comply with COVID legislation you **must** ensure that you collect the name and contact number of everyone attending your activity (including organisers and staff). **This is a requirement in law and must happen for every event or activity that you run**.

This must be done and created via a signup list using [thesubath.com](http://www.thesubath.com) admin tools.

All attendees should receive all these documents prior to their first attendance and watch the video guides online on accessing the Sports Training Village and where relevant, videos on accessing Gym and Pool.

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| **Club and subset activity:** | Baskerville’s Uncoached Gymnastics Sessions |
| **Lead Contact:** | Emily Parkinson – ep629@bath.ac.uk - 07542567146 |
| **Secondary Contact:** | Dulcie Canham – dlc46@bath.ac.uk - 07484835762 |
| **Facility being used:** | Baskerville’s Gymnastics Centre |
| **Session days and times** | Thursdays 9:30-10:30 PM |
| **Capacity permitted in any one group:** | 20 people |
| **Facility Capacity** | 64 people |
| **NGB Phase of return to play these guidelines follow** | Phase 4 of BG Step Forward Plan<https://www.british-gymnastics.org/gymnastics-guidance-from-the-19th-july-england-only><https://www.british-gymnastics.org/step-forward-faqs> |
| **NGB Specific instructions being followed** | * There are no longer restrictions on social distancing and capacity sizes
* Participants details are collected for test and trace
* Public health advice on testing, self-isolation and managing confirmed cases of COVID-19 must be followed
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| **Equipment provision and use:** | Gymnastics sprung floor, crash mats, trampoline, bars, beams and foam pit (property of Baskerville’s Gymnastics Centre). |
| **Equipment cleaning:** | Staff at Baskerville’s Gymnastics Centre are in charge of cleaning the equipment regularly |
| **Venue Requirements:** | * No outdoor clothing allowed inside the gymnastics centre.
* Gymnasts to sanitise their hands upon arrival, after going to the toilet, after changing and between each apparatus.
* New ventilation system installed, and doors remain open at all times.
* Floor markings indicate socially distanced training locations.
* New ventilation system installed, and doors remain open at all times.
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**Note**

Should your NGB permit a change in return to play phase or you as a club wish to alter the way you deliver within the current phase, a new NOP must be submitted and approved prior to your group providing activity against the new regulations.