

PAL Leader Training: Section 1



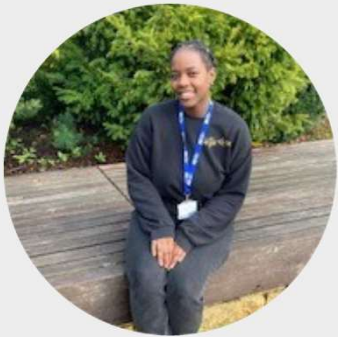
UNIVERSITY OF
BATH

Introduction



UNIVERSITY OF
BATH

Meet the Peer Support Team



Tidrah

Peer Support
Coordinator



Andy and Sophie

Peer Support
Administrators



Leah

Skills and Development
Coordinator



Sam

Peer Support
Manager



After this session, you will be able to..

... describe PAL and how it benefits students.

... handle a range of situations that may arise during sessions.

... make your PAL sessions inclusive and accessible.

... practice planning a PAL activity.

Icebreaker



UNIVERSITY OF
BATH

21 Principles of PAL



UNIVERSITY OF
BATH

The 21 Principles of PAL

- 1) Read through the 21 Principles and rank how important you think each one is out of 5.
- 2) In pairs, discuss your rankings. Pick out your top three principles.
- 3) Share your top three principles on your tables. As a group, choose your top principle and justify why it's the most important.

Mini-activity

I'm going to assign a discussion leader on your tables to discuss:

What Collaborative Learning Technique did we just use? Why do you think it's effective?

Wait... did we just use another technique in this activity?



UNIVERSITY OF
BATH

5 minutes

Managing group dynamics



UNIVERSITY OF
BATH

Dealing with Situations

- Managing group dynamics, whether with your attendees or fellow PAL Leaders, can present challenges
- Read through your scenario(s). In your group, ask each team member to give their opinion and then find a consensus between you.
- What CLT did we just use in this activity?

Planning an activity



UNIVERSITY OF
BATH

Planning an activity

In your PAL session, you are doing a quiz on how to grow a plant. You recognise that your session should be inclusive of students' learning needs.

Have a look at the activities on Page 16 of the handbook and discuss:

- How will you prepare your session to make sure it's inclusive?
- Are there any resources that you could use?

Catering to a variety of needs

- Students will be coming in with different needs, knowledge, strengths, weaknesses and styles of learning.
- **Variety** is key to making sessions accessible to everyone; change up your activities each week instead of waiting for students to disclose a specific need
- While planning is important, it's worth considering that you don't know who will show up on the day. Be prepared to make some quick adjustments

Plenary

- Your teams are going to be asked a series of questions related to what we have learnt this morning.
- A correct question gives you a chance to take a shot at the target. The team with the most points at the end wins!



UNIVERSITY OF
BATH



Break Time

See you in 15 minutes!



UNIVERSITY OF
BATH