

PAL Leader Training: Section 1



1. Introduction



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After this session, you will be able to...

... practice planning a PAL activity.

... describe PAL and how it benefits students.

... make your PAL sessions inclusive and accessible.

... handle different situations that may arise during PAL sessions.



THE ICE BREAKER

21 Principles of PAL



The 21 Principles of PAL

- **THINK:** Read through the 21 Principles. Rank how important you think each principle is out of 5.
- **PAIR:** In pairs, discuss your rankings. Pick out your top three principles.
- **SHARE:** As a table, share your top three principles. Select your most important principle and why this is the most important.

Mini-activity

- I'm going to assign a discussion leader. Discuss in groups: What Collaborative Learning Technique did we just use? Why do you think it's effective?
- Hold on... did we just use another one in this mini-activity? What was it?

Managing group dynamics



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Facilitating groups

- Managing the dynamics of a group can be difficult, and sometimes working in a team of PAL Leaders can be difficult too.
- In your group, look at your 2 scenarios (page 24) and be ready to feedback to everyone. This time, ask each of your team members to give their opinion and then find a consensus between you.
- What CLT did we just use in this activity?

Planning an activity 1

- In your PAL session, you are doing a quiz on how to grow a plant.
- However, some of your students have certain needs and you will need to ensure that your lesson is inclusive.
- There are some examples of activities on Page 16 of the handbook.
- What do you need to do to ensure that the session is inclusive? Are there any resources that you could use?

Planning an activity 2

- You have 7 minutes to discuss how you will prepare your session.
- Present your ideas to the room.

Managing different abilities

- Students in your session will have different needs, different levels of knowledge, different strengths and weaknesses, and different ways they learn best
- **Variety** is key to making sessions accessible to everyone
- You may plan a brilliant session, but it's worth considering that you don't know which students will turn up on the day. Be prepared to make some quick adjustments
- e.g. making a quiz activity involving buzzers inclusive for a hearing impaired student by holding up the buzzers instead of buzzing them

Plenary

- Your teams are going to be asked a series of questions related to what we have learnt this morning. A correct question doesn't give you a point – it just gives you a chance to take a shot at the target.
- Most points wins!

Break Time

