

PAL Leader Training: Section 3



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After this session, you will be able to...

... set agendas and plan suitable session activities.

... understand how to use different resources for a PAL session.

... promote PAL and encourage students to come to sessions.

... understand the logistics of the PAL scheme.

Plenaries



Recap of Plenaries

- Plenaries are a way to end the session, you may use them to:
 - Summarise the session content
 - Evaluate the session (e.g. did students enjoy it? What did they learn? Did they find it useful?)
 - Find out what students want to cover in the next session

Starter: Let's Create Plenaries

- Starting with the resources on your table, come up with some plenary activities.
- After 2 minutes, we'll rotate the tables!

Setting an agenda



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Agenda Setting

- What was the first and last activity we did before lunch?
- How did this help to set an agenda for the session?
- Why is it important to set the agenda at the beginning of a PAL session?

Remember...

- A PAL session doesn't have to be set in stone.
- If attendees are still struggling with something from the week before, you can adapt the session to reflect this.

PAL session structure

	What it involves?	Time
Start Of Session	<ul style="list-style-type: none"> ▪ Informal conversations with students as they arrive ▪ Icebreaker(s), agenda setting or starter activity ▪ Explanation of PAL and PAL Leader's role 	5-10 mins
Main Body	<ul style="list-style-type: none"> ▪ Have activities ready to allow students to explore the content ▪ Use of redirecting questions and wait-time ▪ Student-to-student interaction ▪ Check for understanding ▪ Invisible PAL Leaders 	30 mins
End Of Session	<ul style="list-style-type: none"> ▪ Summarise the content ▪ Student-led; students sharing ideas and responses to tasks ▪ Leaders thank the students for attending ▪ Signpost what the content of PAL will be next week/ask for suggestions for content the following week ▪ Encourage participants to come again 	5-10 mins
Afterwards	<ul style="list-style-type: none"> ▪ Submit your register to the Peer Support Team. 	5 mins

Top ACT

- Topic: What are you covering?
- Activity: What are you going to do? What resources do you need for this?
- Collaborative Learning Technique: How is the group arranged?
- Timings: How long will it take?

PAL Taster Sessions



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PAL Taster Sessions 1

- For the second year running we will be running PAL taster sessions.
- This will be an opportunity for us to showcase what PAL has to offer.
- They will be 20 minutes and in-person during either induction week or week 1.

Basic PAL Taster Activity

- Ask students to turn to the people next to, behind or in front of them to form small groups and mind map:

Topics they covered last year/in A-level

- How many can you remember?
- How difficult were they on a scale of 1-5? Rate them as a group with 5 being the hardest and 1 being the easiest?

What skills do they think they'll need during the degree?

- Which ones will be most challenging to develop? Why?

Basic PAL Taster Activity 1

- Ask students to turn to the people next to, behind or in front of them to form small groups
- Mind-map topics that you covered last year/in A-level
 - How many can you remember?
 - How difficult were they? As a group rate them between 5-1, with 5 being the hardest and 1 being the easiest?

Basic PAL Taster Activity 2

- Ask students to turn to the people next to them or behind/in front to form small groups
- Mind-map what skills do you think you'll need during your degree?
 - Which ones will be most challenging to develop? Why?

Session Plan

- How do you think we should showcase PAL?
- In your subject groups, plan a 20 minute session to introduce PAL to your cohort. Use Page 5 of the handbook to help you, Page 15 as a template and Page 22 for guidance.
- You have 45 minutes.
- For those of you running PAL for year two students, please use this time to plan your first introductory session.

6. Logistics



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PAL Sessions

- You'll be working as part of a team of PAL Leaders to plan and deliver these timetabled sessions.
- You can decide how to delegate the workload; let us know if you want support with this
- If you can't make a session, please inform us and your fellow leaders as soon as possible

Registers and Attendance



- Important: Registers need to be taken at every session, either on paper or a Word/Excel doc
- Either email or hand this to the Peer Support Team after your session.
- Do not save these up, we'll chase up any missing registers each week

PAL Coordinators

Chemical Engineering	Tom Arnot
Chemistry	Steve Flower
Computer Science	John Benardis
Economics	Magdalyn Okolo
Physics	Steve Davies
Pharmacy	David Taylor
Politics	Nick Regan
Psychology Year 1	Ian Fairholm
Psychology Year 2	Rachael Bedford (TBC)



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Senior PAL Leaders

Your Senior PAL Leaders this year are **James, Zavier, Teba, Kristian, Akansha and Shimin**. They will:

- Facilitate weekly debriefs with you
- Act as mentors to PAL Leaders, sharing experiences and helping them to resolve issues.
- Attend a weekly meeting with Peer Support Team.



Debriefs

- Debrief is a good opportunity to ask questions, get support or plan future sessions
- Your Senior PAL Leader will coordinate with you to decide when sessions will happen
- It is important to attend, or let them know if you are unable to do so

Observations

- You will have 1 observation during the year.
- We'll provide feedback and support you with improving your sessions
- This is not a 'test', just a chance for us to check in with you.
- We'll let you know in advance when we're coming

Survey time!

forms.office.com/e/cTfs5pAnBr



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Congratulations,
you're a PAL Leader!
Any Questions?



Congratulations, you're a PAL Leader!



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